



Member of the Coastal Tri-Counties Child Abuse Prevention Coalition

July 18, 2019 ♦ 9:00 a.m. – 11:00 a.m.

Buellton Recreation Center ♦ 301 Second Street, Jonata School ♦ Buellton, CA

MINUTES

1. Welcome and Introductions

Ashleigh Erving welcomed everyone and introductions were made. Alison Wales was unable to attend.

Attendance: Florene Bednersh, Ashleigh Erving, Flo Furuike, Tony Hollenback, Deborah Holmes, Polly Huffer, Rosa Lazaro, Alma Márquez, Yvonne Nelson, Cecilia Prado-Rangel, Mayra Ramos, Marianne Reagan, Silvia Segoviano, Michelle Vargas

Staff: Barbara Finch and Gloria Munoz

2. Approve CAPC Minutes from June 20, 2019

Florene Bednersh motioned to approve the June 20, 2019 minutes and Marianne Reagan seconded the motion. Yvonne Nelson abstained from voting; all others voted in favor and the minutes were approved.

3. Public Comment

Barbara Finch informed members that public utilities across California have plans in place to shut off power to prevent wildfires. Public Safety Power Shutoffs (PSPS) may affect entire communities if there is low moisture, high temperature and high winds. Discussion are underway at the level of the county and cities about how we will manage. Once the power is shut off, it may take 3-5 days to turn it back on. Folks can find information on the PG&E and SCE websites. Rob Lewin also wrote an article on this topic. Click here:

https://www.noozhawk.com/article/will_shutting_off_power_to_prevent_wildfires_inflict_more_harm_than_protect.

This topic will be discussed at the next Adult & Aging Network meeting on Wednesday, July 24, 2019 at the SYV Marriott from 3-4:30pm. There will be a presentation from folks from PG&E and the County. Anyone is welcome to attend.

4. Partnership for Strengthening Families

- **Protective Factor of the Month:** Social Emotional Competence of Children.

Yvonne asked folks to answer one of the following questions with a partner:

- How do you teach your child to respond when being bullied by another child?
- What do you teach your child about violence on TV, in your community and/or society?
- What do you teach your child about making good friends?
- How do you talk so your children will listen? How do you listen so your children will talk?
- What do you do that you don't want your children to do? Why?
- How do you handle it when your child's feelings/actions stir up negative feelings in you?

Convening for the Partnership for Strengthening Families will be on August 28th at Lake Cachuma. The Partnership of Strengthening Families is a partnership between the Child Care Planning Council, Network of Family Resource Centers, Child Abuse Prevention Council and Child Welfare Services. It is a great opportunity to make connections with people from other councils. It is also part of our Child Abuse Prevention Plan. Barbara encouraged everyone to register and attend.

5. Broken Places

The film *Resilience* was purchased in 2017 as part of the April Campaign during Child Abuse Prevention Month. It was screened throughout Santa Barbara County to start to educate people about Adverse Childhood Experiences (ACEs) and the connection between child abuse and other forms of adversity and outcomes for kids. There is a newer film called *Broken Places* about how childhood adversity plays out on a personal level. The film explores why some children are permanently damaged by early adversity while others are able to thrive. By revisiting some of the abused and neglected people they profiled decades ago, they are able to illustrate how early trauma shaped their lives as adults. Barbara showed the group the *Broken Places* trailer: <https://vimeo.com/277345003>.

Barbara suggested this to CAPC as a potential for the 2020 April campaign. The film is available for purchase and can be shown as many times as we want but only at six set locations. Barbara added that this film talks more about the science of adversity and it talks more in depth about how toxic stress affects the brain. It may appeal to the medical community because it is focused on the research and science behind resilience. The cost for six locations with full public performance rights is \$900 plus tax and shipping. CAPC has a budget for the April campaign and this amount is within the budget. Barbara asked for feedback regarding the film. Members would like to go forward with purchasing the film and having screenings with a panel. It will be something that is coordinated with prevention messaging that is hopeful and positive. Tony shared that we can all collectively acknowledge the brokenness as well as the hunger for healing. Barbara mentioned the connection to self-care and the idea that we need to take care of ourselves so that we can take care of those we are serving.

6. Revisiting Scenarios for Teaming

Child Family Teams exist in special education, wraparound, Child Welfare and they exist at some of our organizations when we need to bring different people together to talk about how best to help a family. At one of the last CAPC meetings, folks wrote up scenarios and then put them in a template that Ashleigh shared from Family Service Agency. The idea is to use these at the convening as an activity where they bring together small groups from the different networks. Groups added more details to the scenarios and reviewed questions that will be asked as part of the activity.

7. Santa Barbara County Prevention Plan

Barbara mentioned that there are conversations at the national level and state level about bringing primary prevention into everybody's focus as far as Child Welfare and prevention organizations. While they continue working on how they intervene with families, they also want to work on keeping kids out of the system and keeping families strong and healthy. All counties have to go through a review of their county and they have to create a System Improvement Plan (SIP), which is done every five years. Santa Barbara's next SIP is 2022. The conversations that happen at CAPC and the CWS partners inform the prevention work and prevention plan. This year, the California Welfare Director's Association and the Office of Child Abuse Prevention (OCAP) got together at the State level and created a Prevention Cabinet. This group organized the January Prevention Summit. A team of nine people went to the Prevention Summit and they developed an action plan. A person from OCAP and a person from Strategies 2.0 have been assigned to help move the prevention plan forward. The following were some of the goals that were identified at the Summit:

Overarching Goals:

- **Resilient Santa Barbara (the ACEs movement)**
- **Strong and sustainable Networks of Family Support**
- **Integrated prevention network**
- **Partnership with CWS**

Members completed a worksheet (see attached). It included the following:

- Your Organization
- What does it mean to be a Family Support Organization?
- What is the role of your organization in the prevention of child abuse and neglect?
- How has your organization evolved to meet emerging community needs?
- How do you define a Family Resource Center and what is the role of the FRC in prevention?

Barbara asked folks to share their responses:

- **What does it mean to be a Family Support Organization?**
 - Provide education, treatment and support to families both within the clinic, in home, in communities and with other providers
 - Empower parents by engaging them as experts using strength based language, providing resources to the whole family
 - Relationship is key – trust, work with families in a culturally, humble, respectful and equitable manner that is focusing on a strength based relationship to provide those successfully outcomes
 - It is about **how** they do it; the intentionality behind how they structure programming and services
 - Making sure that personal goals are respected
 - Treating parents as partners in their work and treating them with respect. Approaching families with the spirit of curiosity and wanting to learn about their uniqueness. Looking at the whole family in their interventions. In their work with the community, collaborating with their community partners that provide their services to ensure that services they are contracting for are family centered, trauma informed and aligned with their same values.
- **How do you define a Family Resource Center and what is the role of the FRC in prevention?**
 - Their local knowledge; they are unique to their communities; respect the families
 - Knowing their language, being welcoming, being respectful
 - A place people can trust and seek out or visit with any questions and/or concerns.
 - Where they inform and prepare families to become independent and active advocates for themselves and their children.
 - A place that fosters and encourages growth.
 - One stop shop
 - No wrong door
 - Like a triage center
 - Remain nimble because of evolving needs in the community
 - Timely
 - Cultural competency & language
 - Connection to community
 - Safe and local place where people can build relationships
 - Open to anybody
 - Neutral from a stigma perspective
 - Place vs. person

Barbara went over the handout on FRC's (see attached). The handout stated that FRCs offer well-being services, growth and development, civic engagement and community development. Ashleigh added that there are many services that are offered through FRCs but sometimes this also means infusing their FRC spirit into a different setting. Ex: Teaching healthy relationship education series in jail.

Barbara concluded by stating that they also want their new partner, Child Welfare Services, to understand what the difference is between the organizations so that when they have a family they know where they can connect them to.

8. Member Updates & Announcements

There were no announcements.

**9. Next meeting – September 19, 2019 from 9:00-11:00am
NO MEETING IN AUGUST**

10. Adjourn

The meeting adjourned at 11:01 a.m.

Respectfully submitted by Gloria Munoz