



Member of the Coastal Tri-Counties Child Abuse Prevention Coalition

June 16, 2022 ♦ 9:00 a.m. – 11:00 a.m.
via Zoom

MINUTES

1. Mindful Moment

Elizabeth Adams guided everyone through a mindful moment.

2. Welcome and Introductions

Elizabeth Adams welcomed everyone and introductions were made.

Attendance: Elizabeth Adams, Chaundra Cadwet, Summers Case, Serena Chau, John Crowell, Flo Furuike, Lori Goodman, Polly Huffer, Lydia Marquez, Patty Moore, Christian Patterson, Shana Pompa, Marianne Reagan, Alison Wales

Staff: Barbara Finch and Gloria Munoz

3. CAPC Reconsideration of the Covid-19 State of Emergency

- a. The CAPC reconsidered the circumstances of the COVID-19 state of emergency and whether state or local officials continue to impose or recommend measures to promote social distancing;
- b. A motion was made by Flo Furuike, seconded by Polly Huffer to direct staff to continue to notice and hold hearings as remote hearings consistent with Government Code § 54953(e)(3). The motion carried by the following votes: YES-14 NO-0 ABSTAIN-0

4. Approve Minutes from May 19, 2022

Christian Patterson motioned to approve the May 19, 2022 minutes and Elizabeth Adams seconded the motion. Polly Huffer, Patty Moore, and Alison Wales abstained from voting; all others voted in favor and the minutes were approved.

5. Public Comment

There was no public comment.

6. Protective Factor of the Month -Concrete Support in Times of Need

Folks were asked to discuss one of the following questions: How is your attitude about getting professional help different from or the same as how your parents raised you? What is your experience, positive and negative, with using the internet to find professional help?

- Generational differences – what is accepted or not accepted as far as getting help
- Lessons that we all learn and choose to move forward to our children or not
- When we start talking about things like mental health openly, it can help other people feel safe to talk

- The internet is being used more frequently when looking for professional services, which is great, but it can also be overwhelming
- Social support component is also important
- There is a bigger emphasis now on going to specialists for specific health issues compared to previous generations; there is more of a push to take care of your ailments instead of just tolerating them

7. Highlights from Statewide Prevention Convening

- **CAPC Role in Comprehensive Prevention Plan**

The Child Welfare Directors Association Prevention Cabinet and the Office of Child Abuse Prevention are guiding prevention planning throughout the state in connection with the Families First Prevention Services Program. Last month, CAPC explored the prevention mindset and talked about the continuum of primary, secondary, and tertiary preventions. At the beginning of June, members from the Santa Barbara Prevention Planning Team attended a virtual statewide convening. Barbara gave some highlights (see PPT):

- Overview of Comprehensive Prevention Planning
- Data Playbook
- Comprehensive Planning Readiness
- Regional and County Discussions

Barbara asked folks to share their thoughts on the Comprehensive Plan components. Folks shared the following:

- It is overwhelming.
- Lydia shared that there will be flexibility after the plan is submitted. She encouraged members to think of this as a change in the culture of our community, so that child and family wellness is something everyone is involved and invested in. This is not just the job of the CAPC, Child Welfare, or the community based organizations that serve children and families, we want everyone to be part of this process and particularly those with lived expertise.
- Elizabeth shared that two areas that she thinks are a natural fit with CAPC are the Cross-Sector Collaboration as well as the Asset Mapping and Needs Assessment.

Questions/Comments (chat included):

- **Lori (chat):** How do these funds connect to the ACEs Aware funds that our county received? The link is not being made at the state level but it is a link that we want to make at the local level because many are engaged in the ACEs work as well as being engaged in this prevention work.
- **Lydia (chat):** You can access the Reimagining Prevention webinars and the Statewide Convening videos on our YouTube channel - <https://www.youtube.com/channel/UCaTJ2VDZJexC3upopw2GT7g>
- **Lydia (chat):** This is the link for the capacity assessment where you can see the areas that will be assessed. <https://survey.alchemer.com/s3/6725709/Capacity-Assessment-Tool>
- **Lori:** Her overall takeaway is more money is going to be available for this entire effort. She feels optimistic about our community's ability to have impact on every level.

8. Community Engagement Visioning

- **Local and Regional Plans and Possibilities** - Barbara asked folks to share their thoughts on the following questions:
 1. How will CAPC participate in Comprehensive Prevention Planning?
 2. Which prevention lens should we choose for data gathering?
 3. How will we engage the community and involve individuals with lived expertise?
 4. What challenges do we anticipate going forward?
 5. What type of support or technical assistance can the state provide?

Currently, the Prevention Planning Team includes: Eulalia Apolinar (Tri-Counties Regional Center), Paige Batson (Public Health), Bridget Baublits (SBCEO), Lisa Brabo (Family Service Agency), Summers Case (First 5), Maria Chesley (Network of FRCs), Erin Cross (Probation), Barbara Finch (DSS/CAPC), Lori Goodman (Isla Vista Youth Projects), Laurie Haro (CWS), Chelseá Jensen (Good Samaritan), Pat Keelean (CommUnify), Valerie Kissell (SYV People Helping People), Amy Krueger(DSS/CWS), Ann McCarty (North County Rape Crisis and Child Protection Center), Yvonne Nelson (CALM), MaryEllen Rehse (SBCEO/Children & Family Resource Services), and John Winckler (BeWell). If anyone would like to join the team, please let Barbara know. Folks discussed doing outreach to get a tribal representative and youth with lived expertise. Shana, Elizabeth, and Polly had potential candidates. John mentioned that he has a link to the Chumash tribe. Lydia added that it is important to compensate community representatives for their time and the OCAP block grant can be used for this. Polly added that CAPC will be a good fit in making folks with lived experience feel welcome in a way that they feel equal and have a voice.

Elizabeth mentioned that one challenge that she sees is being able to stay focused, to have a good understanding about what we are doing and to make it manageable. Barbara mentioned that this is our intention – to sift and bring what is most relevant for this group and then use what comes from this group to feed back to the Prevention Planning Team. Lydia added that it would be helpful to do some kind of level setting to discuss how people with lived expertise will participate in our county process. Culture change will take time but she feels that this group is committed. Lydia added that they are still trying to coordinate the technical assistance that the state is providing to planning teams, and that the California Training Institute (CalTrin) will be providing additional supports for front-line, on the ground partners to understand how they can support the larger plan.

Barbara concluded by sharing a presentation from the convening that was given by Sacramento County about how they approached community engagement. (see attached PPT). She noted that we have had multiple staff members and parents that have attended the Be Strong Families training on the cafés, and that we might think of ways to build on these connections to engage parent voices in prevention planning. Folks shared the following thoughts:

- **Elizabeth:** What would be some next steps or actions that we can take between now and the next CAPC meeting? Barbara suggested having a couple of folks who are interested in this to put heads together and look at the resources to be clear on the description and expectations. Polly added that it is important to be clear about what they are expecting from people so that they can come up with a description of what they are going to do. She also mentioned that she has someone in mind who has lived experience. It is important to ask, “how can we nurture and support your interests and your growth?”

The following folks volunteered to join the subcommittee and have a 1 hr. meeting:

- Polly Huffer
- Barbara will reach out to Chelseá, Michelle, and Chaundra
- Elizabeth Adams

9. Announcements & Closing Thoughts

Folks shared one thing that they are grateful for as they left the Zoom room.

10. Adjourn at 10:50am - Next meeting: July 21, 2022

The meeting adjourned at 10:58 a.m.

Respectfully submitted by Gloria Munoz