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*Member of the Coastal Tri-Counties Child Abuse Prevention Coalition*

**April 15, 2021** ♦ **9:00 a.m. – 11:00 a.m.**  
**via Zoom**

**MINUTES**

**1. Welcome and Introductions**

Elizabeth Adams and Yvonne Nelson welcomed everyone and introductions were made. Folks shared their favorite springtime tradition.

**Attendance:** Elizabeth Adams, Jacqui Banta, Amy Buckner, Maria Castro, Flo Furuike, Lori Goodman, Tony Hollenback, Elizabeth Johnson, Maribel Landeros, Yvonne Nelson, Taundra Pitchford, Shana Pompa, Isabel Ruiz, Rynn Schumacher, Eva Tagle, Kimberly Valenzuela, Alison Wales

**Staff:** Barbara Finch and Gloria Munoz

**2. Mindful Moment**

Elizabeth guided the group through a Mindful Moment activity.

**3. Approve Minutes from March 18, 2021**

Tony Hollenback motioned to approve the March 18, 2021 minutes and Taundra Pitchford seconded the motion. Elizabeth Johnson, Maribel Landeros, and Yvonne Nelson abstained from voting; all others voted in favor and the minutes were approved.

**4. Public Comment**

There was no public comment.

**5. Partnership for Strengthening Families Protective Factor of the Month**

The Protective Factor of the Month was Social Connections. Folks were divided into triads and asked to discuss the following: Which groups energize you, and which bring you down and why? Folks shared the following with the group:

- Folks spoke about some personal groups; it was nice that there is something in their personal lives that energizes them (not just professionally)
- Folks feel energized by groups that are open, honest, accepting and diverse; this would be a great group mantra
- CAPC is an energizing group for folks because they feel that it has components of common mission and diversity. It is a safe place for different ideas to be explored and energizing to know that we are making a difference.

## 6. April Campaign 2021

- **Agency updates**

Barbara thanked everyone for sharing their newsletters, activities and photos. Barbara participated in three of the four pinwheel plantings with Alison. They were lovely events and had a good turnout.

### **CAPC representatives shared their April Campaign activities:**

- **Fighting Back Santa Maria Valley:** Shana spoke at their Drug and Alcohol Prevention Coalition where local stakeholders, media, schools and community members attend. She did a brief presentation on Child Abuse Prevention Month, Protective Factors, how they can get involved, and did a self-care activity. It was an overall good turnout.
- **CALM:** Yvonne shared that CALM has had a series of Facebook Live events where they talk about different types of services that they provide and how it relates to child abuse prevention. They are also doing skills for teens and Healthy Families (a domestic violence group). At the end of the month, the clinical leadership at CALM will talk about just what they have seen over the last year and trends to come. Ladies Get Loud is coming up in the next couple of weeks and they will be highlighting their Home Visitation Program and needs that they have for that.
- **SBCEO -Child Care Planning Council, Transitional Youth Services, and Health Linkages:** Taundra stated that they did their planting at Hope School and at La Colina. She also had a sandwich board out that had posters on it with information for folks that were dropping their kids off at school. Anne Hubbard also took some of their supplies to Monte Vista and Vieja Valley. Next week, Taundra will be going to the Salvation Army and they will do the food pantry and pass out information there. They also distributed the flyer with 10 Parenting Tips in English and Spanish and it has their contact information on the back. Elizabeth added that they have signs and pinwheels at their Santa Maria office and Fitzgerald School. In the next couple of weeks, she will incorporate some of what we do here, bringing a Protective Factor to April meetings of the Educational Liaisons and Foster Youth Services Executive Advisory Council. Taundra shared that she missed the Santa Barbara County Board of Supervisors Child Abuse Prevention Month Proclamation but she did slide it in on the Month of the Young Child Proclamation.
- **Family Service Agency Santa Maria:** Maria shared that she will be having a staff meeting today with about 12 staff members. She will be bringing up what they are doing in Santa Maria, what resources they have out there, and how they are supporting reducing child abuse. They have been handing out the Positive Parenting skills sheets from Positive Promotions. She has been in communication with someone from their Family Outreach Advocate Team who has been doing food distribution and she will be connecting with her to see if she can put handouts in the food bags. She would also like to give them out in their parenting classes. Maria also spoke with their Executive Director, Lisa Brabo, about having a few minutes to share about Child Abuse Prevention Month and different resources that are available to their entire FSA team next Thursday. This will be a team of about 125-150 people. She plans to plant some pinwheels outside of their building.

## 7. Community Resiliency Model

Shana Pompa, from Fighting Back Santa Maria Valley, gave a presentation on the Community Resiliency Model (CRM). CRM was developed by Elaine Miller-Karas through the Trauma Resource Institute and it was designed to help individuals understand the biology of traumatic stress reactions and learn specific wellness skills to return the body, mind and spirit back to balance after experiencing traumatic or stressful events (see attached).

## 8. Announcements & Closing Thoughts

- Barbara had the following announcements:
  - The Children's Memorial Flag raising will be at the Department of Social Services on April 23<sup>rd</sup> at 10AM. It will be recorded and posted on the CAPC Facebook page.

- If folks know of parents that have not signed up for the Parent Convening on Saturday, please have them sign up. There are currently 19 people from Santa Barbara signed up and 9 or 10 of them are parents. They will be talking about Emotional CPR and doing a Cafecito with the focus being on Social Emotional Competence.

**9. Adjourn at 11:00am - Next meeting: May 20, 2021**

The meeting adjourned at 10:56 a.m.

*Respectfully submitted by Gloria Munoz*