



COLLABORATIVE MEETING
Child Abuse Prevention Council & Children's System of Care

November 19, 2020 ♦ 9:00 a.m. – 11:00 a.m.
via Zoom

MINUTES

1. Welcome and Introductions

Barbara Finch welcomed everyone and introductions were made.

Attendance: Elizabeth Adams, Feliciano Aguilar, Rachele Azziz, Jacqui Banta, Holly Benton, Amy Buckner, Maria Chesley, Flo Furuike, Lori Goodman, Sol Guerrero, Mari Hickmann, Tony Hollenback, Maribel Landeros, Cynthia MacDuff, Carrie Martin, Yvonne Nelson, Taundra Pitchford, Marianne Reagan, Michelle Robertson, Stephan Salter, Jonah Shull, Rachael Steidl, Kimberly Valenzuela, Alison Wales

Staff: Barbara Finch and Gloria Munoz

2. Approve CAPC/CSOC Minutes from October 2020

Flo Furuike motioned to approve the October 15, 2020 minutes; Yvonne Nelson seconded the motion and the minutes were approved unanimously. The CSOC minutes for October 22, 2020 were approved.

3. Public Comment

There was no public comment.

4. Protective Factor of the Month

The Protective Factor of the Month was Resilience. Folks were divided into triads and asked to discuss the following: Share an experience of physical, emotional, or spiritual healing... what elements of the experience were most memorable and why? Folks shared the following with the group:

- Folks didn't know each other but the experiences that they had connected them.
- Folks were able to be in the moment and recognize that.
- Folks feel like they can go deep with this group (CAPC/CSOC); it is a safe space.
- Tony suggested taking this energy back to their work place.

5. Healing Drumming Meditation

Tony Hollenback shared his training in Native American indigenous traditions, which has helped to guide his practice. About 20 years ago, he became a social worker but felt something was missing. He found answers through working with native indigenous healers, medicine men, shamans, and grandmothers in New Mexico. One of the things that is very sacred and very powerful in native tradition is the use of drumming. Drumming has been used in different disciplines that include schools, health centers, correctional centers, and many others. Since not every child or family is responsive to traditional talk therapy, the energy of drumming can help to create a healing space and energy, and can help heal health issues, mental health issues, trauma, loss and grief. Tony shared that there has been an interest in some of the clinics to use drumming. Tony asked the group to practice some Healing Drumming Meditation. Folks thanked Tony for the meditation activity.

6. CAPC and CSOC Common Ground

- Overview of CSOC and CAPC
- Focus areas and activities in 2020

Barbara gave a brief overview of CSOC and CAPC along with highlights, presentations, and areas of focus for each council (see attached).

7. Crisis Response Collaboration: Within Santa Maria Bonita School District and Community Organizations

Feliciano gave an overview of their school crisis response model and how they came to realize that they needed it, their relationships with outside agencies, components of the model, policies and procedures that they have put in place, and what they are doing during distance learning (see attached PPT).

Feliciano also went over the Social Emotional & Behavioral Support Guidelines document. He stated that a lot of the coordination and collaboration had to happen within themselves first, between their different disciplines in their district and their different departments. It was an attempt to put on paper some of the ideas or guidelines as to where they wanted to go to. One of the key things that they wanted to highlight was to focus on teaching skills and being able to measure that skill. They saw that a lot of kids were engaged in services for a long time, without data or information as to their progress. Because of this, they are trying to make services goal oriented and this document has been helpful in supporting them with that.

Dr. Shull shared that he has been with Behavioral Wellness for six years. One of the difficulties in child psychiatry is that a majority of the functional impairments show up in the school setting. The difficulty is getting information and really understanding what is happening at the school because some parents have trouble describing exactly what is going on. He does not get a good sense of what their impairments are. The closer he works with schools, the better. Getting a wraparound approach of how children are doing will help everyone be consistent. As a whole, the goal of the child psychiatrist is to avoid treating children with drugs. He believes that if children are being drugged, it is probably because the psychiatrist is getting misinformation. He is now seeing that with home based learning, schools are not as involved and it is even more challenging. Studies show you have to do wraparound supports for kids, especially any child with conduct disorder or oppositional defiance. Feliciano stressed the importance of being aware of each other's procedures so that parents are not stuck in the middle.

Feliciano concluded by stating that initially, they wanted to do more prevention and promotion of mental health but they saw an opportunity to start with the crisis response because it was desperately needed. They hope to venture out into promoting healthier minds and doing preventive work in the future.

Barbara asked if there are other community partners. Feliciano stated that they are not quite where they need to be. They communicated with SAFTY a couple of years ago and had somebody go in and talk to their risk assessors about indicators, procedures, and the risk factors that they look for, but they do not have an established group that is continuously meeting. They have been trying to reach out to other partners and have met with CADA, FSA and other agencies that they use. Many of these are informal at this point but it is something that needs more development.

Barbara asked if they have a sense of the ages of the kids that are needing these services the most. In their district, they have K - 8th grade students. He feels like the later elementary school years are when they start seeing challenges, and the Junior Highs are seeing a similar situation. Feliciano hopes to have numbers in the future, once they start collecting more data. They want to get their baseline on where they are and figure out how they can reduce those incidents.

Michelle asked: Since Santa Maria Bonita has many preschools on their campuses, are they working with the preschools as well? Feliciano stated that there is a big gap in collaboration and they do not have those connections quite yet. He thinks it would be great to build this knowledge of their students and give them

some tools. Then when things do manifest later, they will have a base of vocabulary knowledge and a way to communicate with them that can then help them use those tools. Michelle mentioned that if the preschool also enters into AERIES they could put some things in the intervention tabs that would be historical for them to see all the way back to possibly age three.

Rachele Azziz, Program Specialist for Health Services for the Santa Maria-Bonita School District, mentioned that they have been transitioning their preschoolers in, trying to gain and build an understanding that these kids are in their district as well. They want to serve them just like they serve the rest of their students. They are currently implementing Lions Quest (social emotional learning) districtwide for Transitional Kindergarten classrooms that they have on campus. Some of their Pre-K students are doing Second Step. Their goal is to get everyone on the same page.

Chat question: Are parents encouraged to participate in the prevention aspect? In the prevention aspect, not that great. In regards to the planning for the intervention of the student, the parent needs to be aware and collaborate, including the student because a lot of these incidents are happening with students that are in the older elementary or even Middle School. They encourage them to be present and also have a smaller meeting where they can really discuss the issues and come up with a draft plan that then gets presented to a bigger group with their teachers and administrators. They do not like to do this in too much of a public setting because it diminishes their participation. As far as preventive efforts, some of the programs that are currently being implemented have a parent component but it is still in development.

Tony asked Feliciano what he felt this project taught him. Feliciano stated that there are a lot of pieces to consider and all the pieces need to move in coordination and they need to be aware of all the unwritten rules. He added that he is just one of the members of the group and Carolyn has been leading this effort. There is still a lot of work to be done. While they have done a lot, not everything that he has said that they are doing is being done in a great way but at least they are starting. The preschools and the parents are two critical factors that are not going quite well so far. They realize that it was a lot of work getting here but they still have a lot more ahead of them.

Barbara mentioned the importance of being aware of all the different initiatives that are happening on each school campus. For example, the Early Learning collaboration is talking about involving parents and doing Parent Cafés around the Protective Factors and one of the Protective Factors is Children's Social and Emotional Competence. This would be a nice tie in in those early years. It would be a great opportunity if you can get parents who are already engaged to contribute their ideas about what might work for folks at their school. Feliciano added that if they are able to provide this education at the preschool, in the early school levels, by default, their parents are also going to be getting better information.

8. Thinking Outside the Box

- **How might we use creativity and innovation in 2021?**

Due to lack of time, this agenda item was not discussed.

9. Member Updates & Announcements

There were no updates or announcements.

10. Adjourn at 11:00am - Next meeting: January 21, 2021

The meeting adjourned at 11:01 a.m.

Respectfully submitted by Gloria Munoz