



COLLABORATIVE MEETING

Child Abuse Prevention Council and Children's System of Care

November 21, 2019 ♦ 9:00 a.m. – 11:00 a.m.

Buellton Recreation Center ♦ 301 Second Street, Jonata School ♦ Buellton, CA

MINUTES

1. Welcome and Introductions

Ashleigh Erving welcomed everyone and introductions were made. Alison Wales was unable to attend. Members shared the mission statement of their organization

Attendance: Rachele Azziz, Florene Bednersh, Jody Colt, Lindsey Day, Ashleigh Erving, Flo Furuike, Lori Goodman, Alison Lindsey, Noel Lossing, Alma Márquez, LuAnn Miller, Seth Miller, Yvonne Nelson, Mari Ortega-Garcia, Jenelle Osborne, Eloisa Patterson, Taundra Pitchford, Shana Pompa, Amanda Pyper, Mayra Ramos, Marianne Reagan, Isabel Ruiz, Tom Sodergren, Amber Wilson

Staff: Barbara Finch and Gloria Munoz (CAPC); Shana Burns and Tony Hollenback (CSOC)

2. Approve CAPC/CSOC Minutes from September/October 2019

Florene Bednersh motioned to approve the CAPC minutes from September 19, 2019 and Yvonne Nelson seconded the motion. LuAnn Miller abstained from voting; all others voted in favor and the CAPC minutes were approved. The October 24, 2019 CSOC minutes were approved by CSOC Members.

3. Public Comment

Mayor Jenelle Osborne, from the City of Lompoc, thanked everyone for the work that they do in her community to assist those in need, improve it where they can, and leave a better place.

At a previous CAPC meeting, it was noted that there has been an increase in child abuse reports, substantiations and removals of kids in Lompoc. Folks discussed wanting to look at all the different data sources that people in the room represent - what do they know, what are they doing, and how can they find points of intervention that can help improve the lives of people in Lompoc. Barbara also shared the Resilient Santa Barbara County toolkit, which is available on the ACEs Connection site.

Barbara asked the members to break into triads and discuss the following: What is your personal mission in doing this work and how are you living that mission? A few folks shared their responses with the group.

4. Recap of CAPC-CSOC Collaborative Meeting 2018

- *Overview of CSOC and CAPC similarities and differences*

Ashleigh Erving and Tom Sodergren gave a brief recap of the CSOC and CAPC similarities and differences.

Ashley distributed a basket and folks read out loud the following CSOC and CAPC shared values, which were captured at last year's collaborative meeting:

- Child and family well-being
- Cross-sector collaboration
- Data-driven strategies / solutions
- Hope

- Resilience
- Lifelong learning
- Strength-based approaches
- Innovation and creativity
- Holistic approaches
- Culturally and linguistically responsive services and supports
- Agency expertise
- Consistency, commitment and contribution
- Effective and efficient use of resources

The Children's System of Care is led by the Department of Behavioral Wellness and it was formed to address issues raised by the Tri-West report. Participation to CSOC includes folks from CenCal Health, probation, pediatrics and psychiatry. CSOC focuses on wellness and recovery/intervention and treatment and some of their key issues are access, transitions, multidisciplinary teaming, crisis care, and reducing mental health stigma. Services are primarily delivered to children and youth with moderate to severe behavioral health needs.

The Child Abuse Prevention Council is led by the Department of Social Services with state mandates that guide activities. They have a budget that is allocated through the County Children's Trust Fund. There is a formal membership agreement and agencies receiving child abuse prevention funding are required to participate. Membership includes First 5 and Family Support/Family Resource Centers (FRCs) and it is linked to local, regional, and statewide prevention networks. CAPC focuses on prevention and their key issues are lack of parenting skills, domestic violence, substance abuse, access to resources to meet basic needs. Services are primarily offered to adults who care for children.

Some of the shared goals between CSOC and CAPC are:

- Address risk factors
- Prevent negative outcomes
- Promote resilience & wellbeing
- Reduce barriers
- Simplify referral & follow-up process
- Strengthen partnerships

There are a lot of opportunities to work together but there is also value in having the separate focus areas. CSOC and CAPC also have two shared projects: Bridges to Resilience Conference and Resilient Santa Barbara County.

5. CSOC / CAPC Network Updates 2019

- ***CSOC Mission Statement and Behavioral Wellness Strategies for Team Based Care***

Shana Burns stated that they recently developed a new and improved CSOC Mission and Vision Statement. The CSOC Action Team integrates a wide variety of leaders and stakeholders invested in cross-sector collaboration to ensure access and high quality behavioral / mental health care to children, adolescents, transitional aged youth (TAY) and their families throughout Santa Barbara County. They look to achieve this by continuing to foster trauma-informed organizational cultures that provide trauma-responsive care, promote cultural humility, build and sustain community resiliency, and steer systemic transformation. CSOC came out of an assessment of the Department of Behavioral Wellness by an outside entity in 2013. The CSOC Action Team continues as a way to bring leaders and stakeholders together to talk about the gaps for children and youth and how they can bridge them. Lately, they have discussed how they can start to infuse cultural organizational change internally to support the people that serve individuals and families.

Tony Hollenback shared that the children, adolescents and families that they are serving often intersect with many agencies, whether it is Child Welfare, Probation, schools, etc. The intention of Team Based Care is to create a cohesive model where there is a dedicated care coordinator working with each family. They want to be working in collaboration to make sure that they are offering the best possible care for children, adolescents and families. Noel added that CWS also does team based meetings. Each team works in coordination with the family so that they know what the next steps are and who will be following up on what. The child, if age appropriate, is also included so that they can be involved in the decisions that are being made. Shana mentioned that last November they started weekly meetings of the Interagency Placement Committee (IPC). It includes Probation, Behavioral Wellness, CWS and any other partner that is involved in a case. It has been incredible in terms of unifying all parties and providing information to all who are involved. This is particularly for high-risk youth who are on probation and/or CWS- involved. Discussions lead to decisions about placing youth in out-of-county residential treatment and/or transitioning youth from placement into the Casa Pacifica Wrap program. She added that two of their BeWell practitioners, who are now identified as Katie A assessors, assess all young children who are in placement or at risk of placement. They travel out to the foster home rather than in a traditional clinic setting. They are co-located at the CWS offices in Lompoc and Santa Maria.

Shana stated that Tony will be stepping in as the new CSOC Chair and he is very passionate about this work. Barbara wished Shana the best of luck in her new role.

- ***CA Prevention Summit and SB County CAPC Prevention Plan***

Barbara mentioned that last January, they were invited to pull together a prevention team by the state Office of Child Abuse Prevention (OCAP). A team of nine folks were selected to participate in a summit in San Diego, where 22 counties worked on comprehensive prevention plans. The team is working within the Child Abuse Prevention Council, the Partnership for Strengthening Families, and regional partners in Ventura and San Luis Obispo County. Barbara stated that the handout on The Economics of Child Abuse was done for the state of California and they were able to work with the organization that produced that report to do one specific to Santa Barbara County (see attached). The Action Plan focuses on creating a stronger partnership with Child Welfare Services (CWS). CWS has been welcomed into the Partnership for Strengthening Families and the Family Resource Centers have a plan to go to the CWS regional meetings and share information about prevention resources in the community.

A BOS Resolution was done last April for Child Abuse Prevention month that centered on Adverse Childhood Experiences (ACEs). Supervisor Joan Hartmann is on board with ACEs science and the need for a county wide plan that supports ACEs prevention. CAPC also recruited parents from the tri-counties regions to be trained as Family Strengthening Educators. They were charged with going to their home communities to provide training to other parents on the Protective Factors. About 116 Santa Barbara County parents were reached between January and June. Lindsey Day was a Parent Educator and she mentioned that she had good turnout for the sessions. The OCAP Innovative Partnership grant supports the Strengthening Families Educators. Conversations with Probation identified a need to support families involved with the juvenile justice system. Barbara concluded by stating that the Greater Bay Area Child Abuse Prevention Council brought together 40 different CAPC's for a statewide convening and everyone did a snapshot of what their CAPC is up to (see attached). The same speaker from Bridges to Resilience was there, Laura Porter. There were a lot of the same ideas about ways to support each other and support families.

6. Community Wellbeing: Focus on Prevention

Community wellbeing and the focus on prevention were topics of interest that inspired this collaborative meeting with the two networks. Everyone wants prevention to be part of the work but very few organizations fund prevention. Risk factors and root causes for child abuse are often linked to family stress. This can include individual, family & friends, community and society. Barbara went over the Prevention Continuum:

- Primary- raise awareness in the general population, strengthen communities and improve child wellbeing by focusing on conditions of daily life
- Secondary – strengthen protective factor, mitigate risks; strengthen individuals and families through programs and services, access in communities with high incidence of risk factors (poverty, parental substance abuse, young parents, parental mental health, exposure to violence, disabilities)
- Tertiary – reduce negative consequences, prevent recurrence; focus where maltreatment / traumatic experience has occurred – intensive, targeted supports and resources

The group watched the following video: https://www.youtube.com/watch?v=Jxmt3shv_Ds. Barbara invited the members to do a group activity. She asked folks to form small groups in six stations and brainstorm ACEs prevention strategies that are already being implemented in our county. The group came up with the following:

- **Strengthen economic supports for families**
 - Local Family Resource Centers
 - Subsidized, affordable, quality child care & housing
 - Support w/ traffic fines that prevents families from obtaining a car
 - Job training/Workforce Resource Center
 - Network of Promotores – stipends for community volunteers
 - FUP/Section 8 Vouchers
 - Housing First Program (child care, transportation, rent)
 - CalWORKS Welfare to Work
 - Financial Literacy programs
 - Children’s Resource & Referral Program (affordable childcare)
 - Flexible work schedules /or work from home
- **Promote social norms that protect against violence and adversity**
 - Volunteer Programs
 - Los Compadres/Las Comadres/Joven Nobles
 - Person centered model-training for providers
 - Social Emotional Learning @ SMBSD schools
 - Education Healthy relationships
 - South Coast Youth Safety Partnership
 - Full Service Partnership -Transitional Age Youth (FSP-TAY)
 - Anti-bias training/anti bullying (ADL)
 - Parent Cafes
 - Community support groups
 - Conflict mediation/restorative justice
 - School based restorative approaches
 - CSEFEL Teaching Pyramid
 - Family Resource Centers- community change & civic engagement
- **Ensure a strong start for children**
 - High Quality Care System
 - Parent education & support
 - ECE workforce development
 - Educational opportunities
 - Professional development
 - Trauma informed practices
 - Reflective practice/mental health

Ensure a strong start for children, cont.

- Head Start
- Prenatal & Maternal Health (post-natal)
- Early Start program
- Home visitation
- CSEFEL Teaching Pyramid
- SMBSD-Preschools-Health Fairs-Second Step

- **Teach skills**
 - CRM Wellness Skills Training
 - Community organizations provide parent education, home visitation
 - Promote Talk, Read, Sing campaign
 - Parent Training – Autism Education
 - Family Wellness – Community Action Commission
 - CSEFEL Teaching Pyramid
 - Leadership opportunities/training for parents
 - Life skills for teens
 - Family centric skill building models such as the Strengthening Program
 - Couples classes/healthy relationship education
 - Parent Project

- **Connect youth to caring adults & activities**
 - FBSMV provides mentoring support for students in SMBSD, OJUSD, SMJUSD, GUSD
 - Young Life provides caring adults to young children
 - Local churches provides youth groups, summer camps, etc
 - Los Compadres / Las Comadres
 - Big Brothers/Big Sisters
 - CASA volunteers
 - Boys & Girls Club / Support a youth
 - YMCA – after school programs
 - Volunteer opportunities in the community (high school requirement)
 - Partners in education countywide

- **Intervene to lessen immediate & long-term harm**
 - Crisis Line (Domestic Violence Solutions)
 - Family Resource Centers
 - Home visitation
 - Emergency Shelter
 - Primary Health Care screening of babies, children and parents (well visits)
 - Mental health treatment for parents and children experiencing symptoms SAFTY
 - FSP-TAO-CAC
 - Family Reunification
 - Los Compadres
 - Family Wellness- CAC
 - CAC Energy Program

7. Opportunities for Collaboration

Barbara thanked everyone for all the work that they are doing and hopes everyone can be involved when they dive into the project in Lompoc.

8. Member Updates & Announcements

- **Taundra Pitchford** announced that that they will be opening up two preschools in Lompoc.
- **Barbara Finch** shared that CAPC purchased the film *Broken Places* and would like to have a screening of it in every community during Child Abuse Prevention Month.
- **Florene Bednersh** announced that the next meeting for the Early Childhood and Family Wellness Coalition is January 9, 2020 from 12-2pm at the SYV Carriage Museum.
- **Jody Colt** asked folks for suggestions on locations where professionals, parents and children could have trainings. If you know of a location, please contact Jody.
- **Yvonne Nelson** stated that CALM is still looking for a Regional Manager in Santa Maria. Please contact Yvonne for any questions.

9. Next meeting – CAPC January 16, 2020; CSOC January 23, 2020

10. Adjourn

The meeting adjourned at 10:59 a.m.

Respectfully submitted by Gloria Munoz