



Member of the Coastal Tri-Counties Child Abuse Prevention Coalition

May 16, 2019 ♦ 9:00 a.m. – 11:00 a.m.

Buellton Recreation Center ♦ 301 Second Street, Jonata School ♦ Buellton, CA

MINUTES

1. Welcome and Introductions

Ashleigh Erving and Alison Wales welcomed everyone and introductions were made.

Attendance: Kelley Barragan, Florene Bednersh, Lindsey Day, Ashleigh Erving, Flo Furuike, Lori Goodman, Rosa Lazaro, Alma Márquez, Ambar Moran, Yvonne Nelson, Eloisa Patterson, Taundra Pitchford, MaryEllen Rehse, Arcelia Sencion, Kimberly Valenzuela, Alison Wales

Staff: Barbara Finch and Gloria Munoz

2. Approve CAPC Minutes from April 18, 2019

Ashleigh Erving motioned to approve the April 18, 2019 minutes; Florene Bednersh seconded the motion and the minutes were approved unanimously.

3. Public Comment

There was no public comment.

4. Partnership for Strengthening Families

- **Protective Factor of the Month**
- **2019 Convening and Work Plan**

The Protective Factor of the Month was Knowledge of Parenting and Child Development. Yvonne Nelson asked folks to answer one of the following questions with a partner:

- How do your children know you love them?
- Why is it important to respect children?
- What are you doing the same and what are you doing differently from your parents and why?
- How do your childhood experiences affect your parenting? What gets in the way of being the parent you want to be?

Barbara shared that the Partnership for Strengthening Convening will be on August 28th. One of the things that the Leadership Team is focused on right now is figuring out how to bring Child Welfare on board into the Partnership. The Leadership Team discussed the possibility of aligning the Partnership Work Plan with the Prevention Plan so that there is one plan addressing the needs instead of two. The Convening will be about building relationships, especially with Child Welfare. The team will meet again in the next few weeks.

5. Reflections on Child Abuse Prevention Month

Ashleigh stated that FSA launched a new series of healthy relationship education, and hosted two parenting graduations and two parent recognition events. They also partnered with North County Rape Crisis Center for the pinwheel event in Lompoc.

North County Rape Crisis Center had their pinwheel events in Lompoc, Santa Maria and Solvang.

Yvonne mentioned that CALM had the countywide blue plate special, they launched a trauma-informed parenting group in Lompoc and a domestic violence group in Santa Maria, spoke to the liaisons at the schools about the Protective Factors, had a couple of open houses and the Ladies Get Loud event.

Florene stated that the Early Childhood & Family Wellness Coalition published their directory, which highlights the Protective Factors. It was passed out at several different meetings. Florene also did several trainings on the California Social and Emotional Foundations for Early Learning (CSEFEL) Pyramid highlighting the connection between the Protective Factors. She was at the Child Development Conference, Wellness Coalition Meeting, and CAPC. They also did a recognition with the Promotoras.

Kelley mentioned that she had the opportunity to speak at their Public Health Clinics during their quarterly Women's Health meeting. There were about 70 staff members. She discussed what Child Abuse Prevention month is and tied in ACEs and the Protective Factors. She hopes to have bigger discussions around this topic.

Tandra mentioned that Child Care Planning Council had a few trainings on trauma-informed care for their teachers and site directors. Children's Resource & Referral in North County has some trainers that they have been using and they have linked with CALM and Diana Greenwood to do ongoing professional development for teachers.

Arcelia Sencion mentioned that People Helping People was able to partner with two schools, the YMCA after school program, and City of Solvang to plant pinwheels and promote prevention messages.

Barbara mentioned that CAPC received a resolution from the County Board of Supervisors for ACEs Awareness and Child Abuse Prevention Month. She participated in all the pinwheel events, had a *Resilience* screening at Vandenberg, did an update on the Prevention Plan at the Child Welfare Stakeholders meeting, talked to the Child Welfare managers about prevention, did a presentation for the Behavioral Wellness SM Children's Meeting, presented at the Cottage Health Child Abuse Symposium and hosted the Memorial Flag raising at DSS.

Please send all CAPC activities to Gloria and include the number of people reached.

6. Parent Recognition Events

- **Photos and stories from recognition events**

Ambar shared that Santa Maria Family Support Services held a Parent Recognition celebration on April 9, 2019 at the Family Service Agency office. Parent leaders, Maria Espinoza and Norma Rico, were recognized for the work they do with families and the community. These two amazing women were joined by twenty-five friends, family, and representatives from Family Service Agency DBA Santa Maria Valley Youth and Family Center and the Santa Maria Bonita School District.

Mary Ellen Rehse shared that the Santa Barbara County Promotores Network recognized parent leaders on April 28, 2019 at Nojoqui Falls Park. They presented the Promotores with medals and certificates during a family picnic. Activities for the kids included making bracelets, a piñata, jenga and volleyball. They also engaged with the partners and spouses to thank them for their support. MaryEllen presented Barbara and Florene with a medal their support.

Ashleigh Erving shared that FSA Lompoc honored five parents and two of them are grandparents raising grandchildren. It was a recognition dinner with speeches and presentations. In Santa Barbara, the event was oriented around self-care. They had a yoga instructor, crafts, affirmations and a community potluck. Five parents were recognized.

Barbara Finch shared that Good Samaritan honored Lindsey Day. Good Samaritan wanted to recognize her, not only for being a parent partner, but also for what she does as a force for good in the community.

Arcelia Sencion mentioned that they decided to invite their parents to a nice dinner at Hotel Corque. The dinner will be next week.

Folks liked being able to host their own events since each region has different needs. It helped with people's commitments, access, scheduling, planning and accommodating translation. They would prefer if it were not in April next year. They would like to have their events in February. We will revisit the CAPC budget to determine how much is available for next year. Casa Pacifica was going through management changes and missed the opportunity to participate. Kelley Barragan shared that MCAH has short-term relationships with the families. Barbara suggested recognizing every family that the nurses interact with during the month of February. Lori appreciated seeing all the ways that parents were recognized and plans to participate in the future.

Barbara suggested starting the conversation for next year's events in November.

7. Teaming Scenarios for PSF Convening

Barbara reviewed the prevention continuum that was highlighted during the Prevention Summit. Primary Prevention applies to all families. Secondary Prevention is for families where there are risk factors present. Tertiary Prevention is for families who are involved with the Child Welfare System and is aimed at preventing further maltreatment. In the Partnership for Strengthening Families, we want to be sure that we are building protective factors across the entire continuum. When we started the Partnership for Strengthening Families, it included the Child Care Planning Council (CCPC) and the Child Abuse Prevention Council (CAPC). The Network of Family Resource Centers joined soon afterwards. The goal has been for each network to understand their role in promoting strong families, optimal child development and reduced incidences of child abuse and neglect. With Child Welfare joining the Partnership, we need to be intentional in helping them see how they are building protective factors through their interactions with families.

One strategy is to have a webinar hosted on the CAPC website so that people can learn about the Partnership and the roles of partners. The convening will focus on building relationships that will help us work better together. One idea was to have three or four scenarios about complex cases that have come through our doors. Ideally, it would be a situation where Child Welfare is involved in some way or another - a Front Porch referral, services for someone who is being reunified with their children, or someone who is actively involved with child welfare. During the convening, teams will look at the scenarios and discuss how they would work together to help the family get their needs met.

Members got in groups and came up with scenarios. Ashleigh will send Barbara a template and group leaders will send the scenarios to Gloria. Arcelia suggested recognizing and acknowledging Child Welfare Services during the Partnership for Strengthening Families convening and strengthening the partnership with them.

8. Santa Barbara County Prevention Plan – Looking Forward

Due to lack of time, this topic will be discussed at the June CAPC meeting. Alexis DeLeon, our OCAP liaison, will try to attend.

9. Member Updates & Announcements

- **Mary Ellen Rhese** distributed the 2019-20 Meeting Dates for the SBC Coalition in Support of Promotores and the flyer for the Visión y Compromiso conference that will be held on June 22, 2019 at Hope Elementary from 8:30-4:30pm
- **Yvonne Nelson** had the following announcements:
 - CALM is hiring therapists countywide
 - FSA, CALM and Behavioral Wellness will have an event for Mental Health Awareness Month. The event is called “Demystifying the Stigma of Mental Health.”
- **Lori Goodman** had the following announcements:
 - IVYP is currently hiring. They are looking for two Family Advocates, three or four Early Childhood teachers, a Director of the Children’s Center, Director of the soon to be opened Isla Vista Community Center and an Executive Assistant.
 - The next Goleta Valley Community Partnership meeting is on May 29th. If someone did not receive an invitation and is interested in building partnerships, please contact Lori.
- **Arcelia Sencion** announced that she is leaving People Helping People. Her last day is June 3rd. There will be a job announcement for her current position going out soon.
- **Lindsey Day** shared that she will be graduating on May 24th with her Associate’s Degree.
- **Eloisa Patterson** shared that Domestic Violence Solutions received monies to help individuals who have experienced intimate partner violence. They can be assisted with housing, which includes deposits, first and second month’s rent and childcare. They do not have to be living in shelter, do not need to have a social security number and do not need to have a police report to access services.
- **Taundra Pitchford** mentioned that the Mariposa Project started a summer program a few years ago with therapy camp. They are expanding this summer program and getting ready to launch a year round preschool therapy services program. They are looking for financial support to get it going but it is an alternative to only going to the school district. The plan is to launch in the fall.
- **Kelley Barragan** announced that the Perinatal Wellness Coalition is currently planning a conference tentatively for next May 2020. It will focus on perinatal anxiety disorders and fathers. If folks are interested in the planning process, please reach out to her.
- **Florene Bednersh** shared that PEP and WEB will be doing a Wellness Walk. It will help pay for additional visits by the nurses for mothers and/or fathers experiencing PMADs.
- **Ambar Moran** shared that Altrusa of the Golden Valley is currently offering community organizations an opportunity to apply for a grant supporting their mission to enrich the lives of those they touch through their commitment to service, education and literacy. It is a onetime grant of up to \$2,000.
- **Ashleigh Erving** had the following announcements:
 - Schedules are ready for the Healthy Relationship Classes in Lompoc and Santa Barbara.
 - FSA launched classes in the jail this week. Twenty incarcerated men participated in healthy relationship education!
- **Barbara Finch** announced that the Bridges to Resilience Conference will be on October 14th.

10. Next meeting – June 20, 2019 from 9:00-11:00am

11. Adjourn

The meeting adjourned at 11:03 a.m.

Respectfully submitted by Gloria Munoz