



Member of the Coastal Tri-Counties Child Abuse Prevention Coalition

May 20, 2021 ♦ **9:00 a.m. – 11:00 a.m.**
via Zoom

MINUTES

1. Mindful Moment

Shana Pompa guided the group through The Skill of Grounding on the iChill site.

2. Welcome and Introductions

Yvonne Nelson welcomed everyone and introductions were made. Folks shared signs of wellness they are noticing as our communities begin to open up.

Attendance: Jacqui Banta, Amy Buckner, Maria Castro, Flo Furuike, Lori Goodman, Tony Hollenback, Karla Huizar, Elizabeth Johnson, Cynthia MacDuff, Carrie Martin, Yvonne Nelson, Tandra Pitchford, Shana Pompa, Marianne Reagan, Rryn Schumacher, Eva Tagle, Kimberly Valenzuela, Alison Wales

Staff: Barbara Finch and Gloria Munoz

3. Approve Minutes from April 15, 2021

Flo Furuike motioned to approve the April 15, 2021 minutes and Kimberly Valenzuela seconded the motion. Elizabeth Johnson and Cynthia MacDuff abstained from voting; all others voted in favor and the minutes were approved.

4. Public Comment

There was no public comment.

5. Partnership for Strengthening Families Protective Factor of the Month

The Protective Factor of the Month was Resilience/Mental Health Vitality. Folks were divided into triads and asked to discuss the following: How are you different from the person you were ten years ago? Folks shared the following themes:

- Being more comfortable in their own skin; liking where they are
- Looked at the transitions they have made from where they were then to where they are now
- How they have changed as parents and how it has taken away a lot of selflessness; made them more empathetic and compassionate
- Voices becoming stronger as advocates and more confident in themselves
- Commonality of cultures - Not having mental health as a top of mind topic during traumatizing moments. Mental health is not prioritized in some cultures, which allows the trauma to continue and exacerbates as more and more generations feel an inability to be able to handle those types of stressors and triggers.

6. April Campaign Highlights 2021

- **Please share any inspiring moments or memories...**
- **Complete tracking document ASAP**

CAPC representatives shared the following inspiring moments and memories:

- **Family Service Agency Santa Maria:** Maria liked that CAPC shared a handout with different ways to build social connections. These were shared with their team.
- **North County Rape Crisis and Child Protection Center:** Alison shared that a citizen saw the pinwheels in Guadalupe and they gave him 400 extra pinwheels for his whole neighborhood.
- **SBCEO -Child Care Planning Council, Transitional Youth Services, and Health Linkages:** Taundra shared that one of the special moments was at the end of the month when they gave the pinwheels and reminded kids “to remember to be kind to each other.”
- **Barbara** shared that she gave her friend materials for her dental office and a patient and shared with Barb that she saw the pinwheels and handouts at the office.

7. Best Practice Guidelines for California’s CAPCs

The Santa Barbara County Prevention Team met yesterday. They will continue to meet quarterly as a high-level planning Task Force, and will leverage CAPC for concrete actions and community engagement. They will be drafting a comprehensive plan with specific outcomes and data tracking.

Barbara shared the [Best practices Guidelines for CAPCs](#).

Making Prevention the New Norm means:

- Lift the capacity of parents and prevention partners to protect children from abuse and neglect.
 - Public awareness
 - Educational opportunities
- Link and unite prevention partners with a shared prevention agenda and effective data-driven approaches.
 - Identify indicators and collect data that is related to child abuse prevention
 - Used data to determine where to focus resources
 - Link the different efforts and align them so that we are not duplicating but supporting one another in work that is about the whole child/whole community
- Leverage partnerships across systems to promote and integrate statewide and local agendas.
 - Integrate things locally and statewide to move the prevention agendas forward

CAPC Required Activities from the Welfare & Institutions Code:

- **Providing** a forum for interagency cooperation and coordination in the prevention, detection, treatment, and legal processing of child abuse cases.
- **Promoting** public awareness of the abuse and neglect of children and the resources available for prevention, intervention and treatment.
- **Encouraging** and facilitating the training of professionals in detecting, treating, and preventing child abuse and neglect.
- **Recommending** improvements in services to families and victims.
- **Encouraging** and facilitating community support for child abuse and neglect programs.

(Reference chart on CAPC WIC Requirements: Current and Emerging Trends in California)

CAPC role as a Catalyst, Convener, and Coordinator:

1. **Catalyst for Prevention**

- Inspire and promote civic and community engagement
- Ensure that the prevention of child abuse remains a consistent priority
- Serve as a bridge between government and community partners
- Work with individuals who have lived experience to include their voices

2. Convener of Cross-System Partners

- Bring traditional and non-traditional partners together to impact the county's child abuse prevention agenda
- Create a safe, inclusive space and environment for partners to innovate, align and integrate prevention systems and programs
- Actively engage members and sustain their involvement

3. Coordinator of Countywide Prevention Activities

- Align the larger prevention effort through public awareness and education
- Focus on fulfilling requirements of the California Welfare and Institutions Code (WIC) Section 18982.1.

CAPC reflections on the role of CATALYST:

- **Fighting Back Santa Maria Valley:** Shana presented at the Behavioral Wellness Mental Health Commission meeting and reported on North County needs using discussions from CAPC and CSOC about child abuse prevention and access to care. One of the questions she has now is: Now that pediatricians will be screening for ACEs, who do the pediatricians refer to when a child has a high ACE score? What are we doing as a CAPC to support that?
 - Barbara introduced ACEs Aware concept of the Network of Care and cited the upcoming Bridges to Resilience Conference as an opportunity to explore this question.
 - Shana stated that she recommend that all kids have CFT meetings because they all need caring adults in their life and she feels that it should be a standard of care for all children.
- **CALM:** Yvonne added that we are in the nascent phases of the network of care process and that they are looking at what are all the different aspects of the child's life that can be part of this larger collaborative and how those systems will work together. Work has already been done to reach out to schools and to identify where kids and parents need more support. Yvonne added that creating a really strong network of care takes a lot of intentionality. She feels like we have a good foundation from which to really expand and bring on new providers.
- **Public Health:** Rryn mentioned that one of his big initiatives is to emphasize the need for data to demonstrate community needs and support grant applications to fund these services.
 - Barbara shared that part of prevention planning is figuring out what indicators to track and making sure that we have robust data that can guide programs, services, and funding.
- **Casa Pacifica:** Kimberly shared that their outreach committee in Santa Barbara County has been very involved in community events like the Lemon Festival, Pride Festival and other different events around the county where they offer resources and support. Due to the pandemic, their outreach committee created a virtual event titled Parenting in a Pandemic to provide support to the community. Each of their programs highlights certain skill sets and parenting strengths. The programs are not promoting their TBS services, but teach some of the TBS skills.
 - Kimberly added that right now kids are experiencing anxiety about being back in school and being in public. They have staff in each of the high schools and they are seeing many children dealing with loss of family members to COVID. She added that many students are not yet vaccinated and there is still a lot of vaccine hesitancy.

CAPC reflections on the role of CONVENER:

- **SBCEO/CCPC:** Taundra mentioned that CAPC participation is helping them train the early care and education teachers to be more effective in responding and supporting the children so that they are not so quick to refer to CWS. They hope to build their capacity skills and knowledge and hopefully that will lead to less referrals and more successes from the beginning

CAPC reflections on role of COORDINATOR:

This is part of what the Prevention Planning Task Force will be looking at - creating a shared understanding of primary, secondary and tertiary prevention and coordinating efforts to eliminate gaps.

- **OCAP:** Elizabeth mentioned the importance of carrying Child Abuse Prevention throughout the year, not just in April and creating that norm. She encouraged folks to take advantage of other initiatives like Foster Care Awareness Month, Suicide Prevention, Mental Health Awareness Month, and others. How can you incorporate some other initiatives and have prevention be involved in all of those other initiatives?
 - Strengthening families and protective factors are relevant in each area - we are all working on the same goal of making sure that kids have the supports that they need.

What is ahead for Santa Barbra County?

Marianne Reagan stated that Self-Assessment is part of the Child, Family and Services Review process, which happens every five years. The Community Self-Assessment does a very thorough analysis of what resources there are in Santa Barbara County, looking at data, listening to the voices of people who are consumers, parents, children in foster care, and getting input from all of their stakeholders on what is working in child welfare and what they could be doing better. Right now they are entering Year One of that cycle but with the pandemic they are still waiting to hear from the state about when and how they are going to be starting that process. The County Self-Assessment leads to the System Improvement Plan (SIP), which identifies target areas for improvement in child welfare and with action steps and goals. They usually go to every community and stakeholder group and talk about that. They will be starting this soon. Barbara added that there is also a part of the SIP that is focused on prevention so CAPC will be working closely with child welfare to be sure that there is a clear picture of that entire continuum. Last time this process was done, KIDS Network had just done the Children’s Scorecard and they decided that they would align this with the County Self-Assessment. The Children’s Scorecard might also be combined with the Public Health Data Dashboard and have it be something that is not just once every five years but something that lives and breathes on a data dashboard so that people can have up to date data. Folks will be asked to participate in focus groups to help us identify what are the needs in our community and if we are funding the right programs and services. Funding comes from state, federal and local sources to fund child abuse prevention. Elizabeth added that OCAP is a little bit removed from the CSA portion of it but once you get into the SIP, that is when they step in. She encouraged CAPC to play a big role in working with child welfare to look at that data, make that determination, and talk about the whole process.

8. Announcements & Closing Thoughts

- **Maria Castro** announced that they are starting their dad parenting classes for the summertime. The only requirement is that the father is at least 18 years old. They also have their Healthy Relationship classes. Flyers are available in English and Spanish and Maria will send them to Gloria to distribute.
- **Ryvan Schumacher** shared that they are now trying to provide vaccinations to youth 12-15 years old. They have a separate group of people at the Public Health Department that is working with schools but they also have a Mobile Vaccination Program where they can go to different organizations, should folks have any type of group homes or are a transitional aged housing youth that are not part of the actual school system.
- Barbara asked if there are any training needs within CAPC and their organizations:
 - Secondary-trauma
 - Create a vision of ways we can help to educate other people doing this work. What does it mean to do healing work in our communities? How can we help people heal?
 - thinking prevention and a holistic integrated lens

9. Adjourn at 10:50am - Next meeting: June 17, 2021

The meeting adjourned at 10:52 a.m.

Respectfully submitted by Gloria Munoz