



Member of the Coastal Tri-Counties Child Abuse Prevention Coalition

July 15, 2021 ♦ 9:00 a.m. – 11:00 a.m.  
via Zoom

MINUTES

**1. Mindful Moment**

Elizabeth Adams guided the group through a mindful moment.

**2. Welcome and Introductions**

Elizabeth Adams and Yvonne Nelson welcomed everyone and introductions were made. Folks shared the following: “The ache for home lives in all of us, the safe place where we can go as we are and not be questioned.” In one or two words, describe what “home” means to you...

**Attendance:** Elizabeth Adams, Kelley Barragan, Amy Buckner, Maria Castro, Lindsey Day, Lori Goodman, Elizabeth Johnson, Cynthia MacDuff, Carrie Martin, Natalia Mendez, Yvonne Nelson, Taundra Pitchford, Shana Pompa, MaryEllen Rehse, Michelle Robertson, Shawn Small, Eva Tagle, Kimberly Valenzuela, Alison Wales

**Staff:** Barbara Finch and Gloria Munoz

**3. Approve Minutes from June 17, 2021**

Shawn Small motioned to approve the June 17, 2021 minutes and Kimberly Valenzuela seconded the motion. Maria Castro, Elizabeth Johnson, Carrie Martin, Shana Pompa, MaryEllen Rehse and Michelle Robertson abstained from voting; all others voted in favor and the minutes were approved.

**4. Public Comment**

There was no public comment.

**5. Partnership for Strengthening Families Protective Factor of the Month**

The Protective Factor of the Month was Parental Resilience – Mental Vitality. Folks were divided into triads and asked to discuss the following: *What are the true intentions underlying your goals?* Folks shared the following themes:

- For those that are parents, their intention for their families is always to unconditionally love and support them. Sometimes old patterns from how they were raised get in the way. It is important to be aware of this and get support from others so you can be your best self.
- “By feeding others, we feed our soul.”
- Appreciated being in a breakout with folks that share the same fire/passion to create change. For example: fairness, equality, supporting and lifting communities, magnifying voices that need to be heard, finding gaps that are in need of services, and working together to make things better.

## 6. Home Visitation Coordination in Santa Barbara County

Michelle Robertson gave a PPT presentation on the Home Visitation Coordination (HVC) Planning Grant. In October 2020, First 5 received an 18-month grant from First 5 California to address needs of families post COVID-19. A Planning Committee was formed in December of 2020 to begin examining existing home visitation programs in Santa Barbara County and determine coordinated vision. Some of the members represented include: Public Health (MCAH), CALM, UCSB, Dignity Health (Marian Hospital), Tri-Counties Regional Center, Santa Barbara County Education Office (CFSS & CD), Department of Social Services (CalWORKS), Santa Barbara County Cottage Hospital (PeRC), Alpha Resource Center, CommUnify, Carpinteria Children's Project, and Family Service Agency (*see attached PPT & handouts*).

- They have a meeting with Ventura County where they will be discussing their Home Visitation Coordination Grant, Help Me Grow and their ACEs work. They will also be meeting with San Luis Obispo County, and First 5 California will link them with other counties as well.

MaryEllen Rehse gave a PPT presentation on Welcome Every Baby Family Connects. It is an evidence-based universal home visit by Registered Nurses/Lactation Consultants and Educators (*see attached PPT*). MaryEllen mentioned that they are looking at a soft rollout of in person home visits starting in September. This is in coordination with the best practices advice that we're getting from Family Connects out of Durham.

- The service count of 700 includes the infant visit and the parent visit.
- They are seeing the drop in birth rate that has been reported in CA and nationally- more in South County than North County. The two reasons for this drop are that WEB primarily serves in South County and people who weren't wanting to have virtual visits dropped out.

Yvonne Nelson and Kelley Barragan gave a PPT presentation on the Healthy Families America Home Visitation Model, how Public Health and CALM are rolling out this model, and how they are working together. Healthy Families America is a nationally-recognized, evidence-based home visiting program, launched by Prevent Child Abuse America in 1992. Their Mission is to promote child well-being and prevent the abuse and neglect of our nation's children by delivering home visiting services that empower families and communities (*see attached PPT*). Folks had the following questions and comments:

- Yvonne is working with Laurie Haro to establish a referral process for CWS families, specifically for families that have had previous referrals and the mom is now pregnant. They are having the referrals come through Differential Response (Front Porch), Voluntary Family Maintenance, and through Safe Care.
- CommUnify and FSA also do home visitation. Yvonne would love to see them develop a menu for pediatricians and hospitals of the different programs that are offered. MaryEllen added that they have worked hard to take away stigma about Welcome Every Baby, to let people know that every parent can benefit from a newborn home visit. This program is meant to be universal.
- The Families First Prevention Services Act (FFPSA) is another consideration, as it designates additional funding for prevention, and could support home visitation for higher risk families.
- If one of the things that makes the home visitation successful is that there are Family Resource Centers to accept referrals, we want to make sure that FRCs are adequately funded.

## 7. Announcements & Closing Thoughts

- **Barbara** announced that Lindsey Day will be moving on to a different position away from her Peer Parent role. Barb thanked her for her enthusiasm, guidance and support and wished her the best.
- With deep sadness, **Shana** shared the passing of Tom Sodergren. Tom was a long time member of CAPC.
- **Elizabeth** reminded folks to fill out the [Youth Empowerment Survey](#). The survey is to learn where people go to access resources and connect to resources for youth and families. Also, where they go to access trainings and resources themselves so that they can try to identify where there are gaps and

who they can collaborate with to create a more coordinated system for everyone to be able to access resources and trainings.

- The Youth Empowerment Summit will be held on Wednesday, October 27<sup>th</sup> from 8:30am – 3:30pm.

**8. Adjourn at 10:50am - Next meeting: September 16, 2021**

**NO MEETING IN AUGUST**

The meeting adjourned at 10:54 a.m.

*Respectfully submitted by Gloria Munoz*